

## What do we offer?

Alongside Autism offers bespoke training, ranging from one-off workshops to long-term, continuing input.

We are able to support organisations in the private and public sector as well

as individuals.

We work with individuals on the autism spectrum, who are either employed

as co-trainers or are involved in the development of training packages, to ensure they reflect the lived experience of individuals on the autism spectrum.

Our staff has extensive experience of working with and supporting individuals of all ages across the spectrum, as well

as working in the private and statutory sector. All our staff work “hands-on” and all have worked in managerial positions.

As part of our bespoke service you can choose exactly what type of training or support you would like. We will listen to your needs and requirements and make suggestions on what we can offer. It is then up to you to select the exact training support you would like.

## How to contact us

**Phone:**  
07502979707

**Email:**  
r.millman@alongsideautism.co.uk

**Post:**  
Alongside Autism, 2 Blackbarn, Cranleigh,  
Surrey, GU6 8HP

**Social Media:**  
See our Facebook Page and follow us on  
Twitter

*Face to face sessions take place at Lavina House, Age UK, Dukes Square, Horsham, RH12 1GZ. Please note we are only there on days when the service is open. At other times you can contact us using the details above.*

**ALONGSIDE ● AUTISM**  
**TRAINING & CONSULTANCY**

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*“With you, enabling individuals on the autism spectrum”*

## Who is the service for?

Our training and consultancy service is for any organisation, no matter how large or small.

Prior experience of autism spectrum condition is not necessary as we can introduce you and your team to the fascinating world of autism spectrum at a suitable pace and level.

At the same time we are also able to focus beyond basic understanding and develop your skills in specific areas relating to autism spectrum condition, be this sexuality, mental health or the criminal justice system.

We have worked with schools, colleges, care providers and the Police.

Training can be focused on education or specific interventions around individuals' needs.

We will always listen to your needs and tailor our service to your needs.

## What other services are available from Alongside Autism?

Alongside Autism is primarily a training and consultancy service.

However, we also provide a service directly to adults on the autism spectrum via our West Sussex LIMA project.

This project offers psycho-educational post-diagnostic support to adults on the autism spectrum either through face to face, telephone, email or Skype appointments.

Alongside Autism also works with schools and care-providers and offers support to staff teams as well as developing support structures for individuals living in or accessing these services.

## Who works at the LIMA Project?

All our staff have extensive experience of working with individuals on the autism spectrum, with a combined experience of over 50 years:



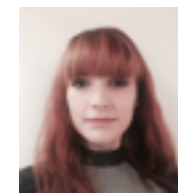
**Howard Childs** is an ASD specialist working for Surrey and Borders NHS Foundation Trust and a member of the Surrey ASD Diagnostic Clinic.



**Lisa D'Costa** is a Transition Development Officer for a leading autism charity. She also teaches the management of challenging behaviour.



**Tini Riese-Stott** is a Specialist Practitioner for the West Sussex Autism Spectrum Conditions Service (Sussex Partnership NHS Foundation Trust).



**Ruth Millman** is an Low Intensity Cognitive Behavioural Therapy Practitioner. Previously managing adult autism services and lecturing at Surrey University.