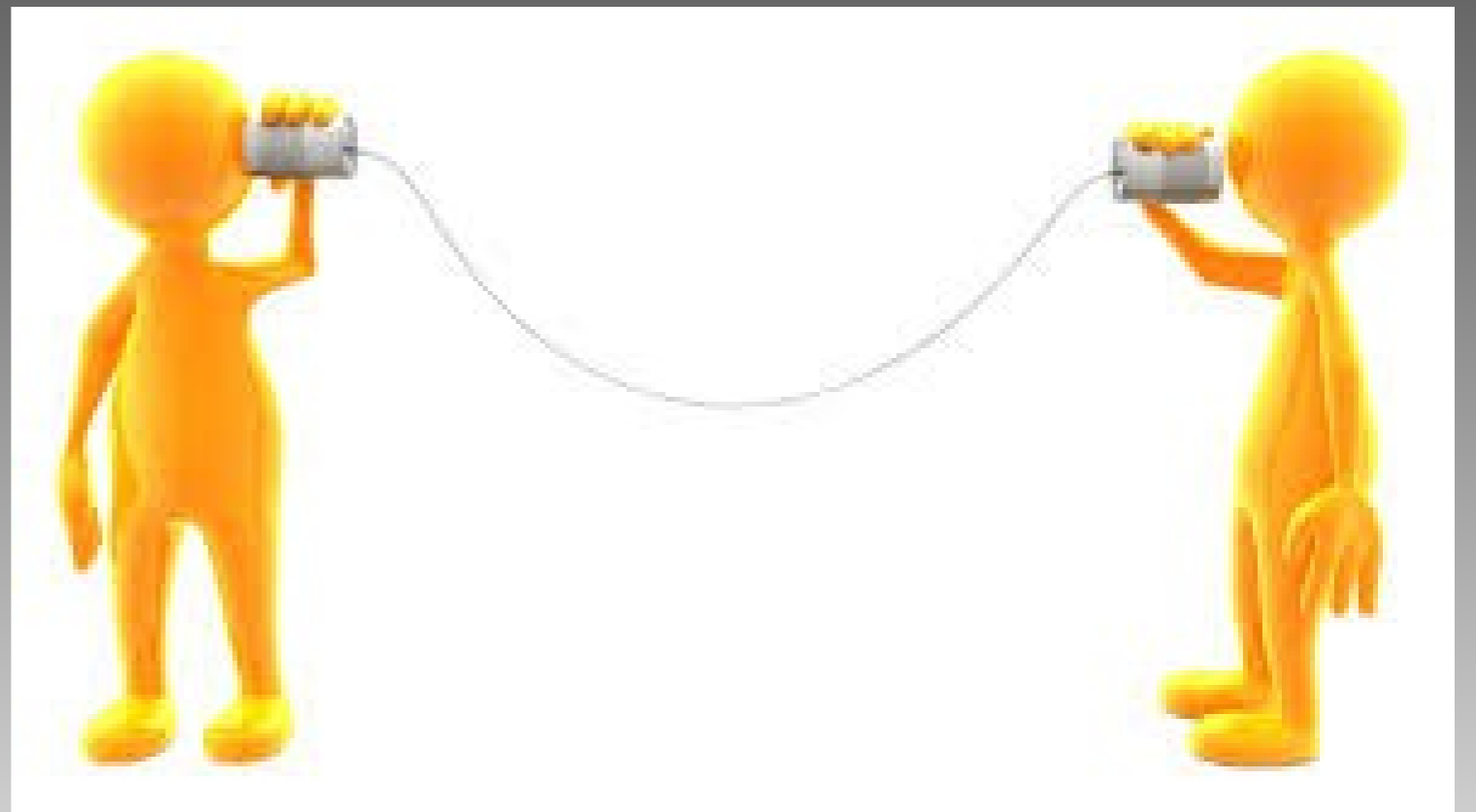


Alongside Autism:

Sharing Experiences and DSM V



AGENDA

10 am Introductions to PAPA and Eachother

10.15 James Liasi

10.45 Break

11.00 DSM V – Putting Experiences in the Context of Present Understanding

PAPA

Positive Approaches for Parenting Autism

- Alongside Autism is a partnership of four experienced professionals.
- Our philosophy is to work alongside people on the Autism Spectrum and their families and paid carers to share knowledge and expertise.
- We hope to help people make informed decisions about what will work for them in their individual circumstances.

PAPA

Six Stand Alone Sessions that combine into a whole

1. Sharing Experiences and DSM V
2. Engagement and Communication
3. Anxiety and “Meltdowns”
4. Behaviours and “The Bottom Line”
5. Planning for the future.
6. Managing expectations

Alongside Autism Approach

SUCCESS

- S - Signposting
- U - Understanding
- C - Coping strategies
- C- Crisis strategies
- E - Empathy and validation
- S - Social support
- S - Setting goals

Sharing Experiences.

Please Share with us (if you wish) about who you are, your relationship to someone with Autism and something about the person.

Personal Experience

James Liasi

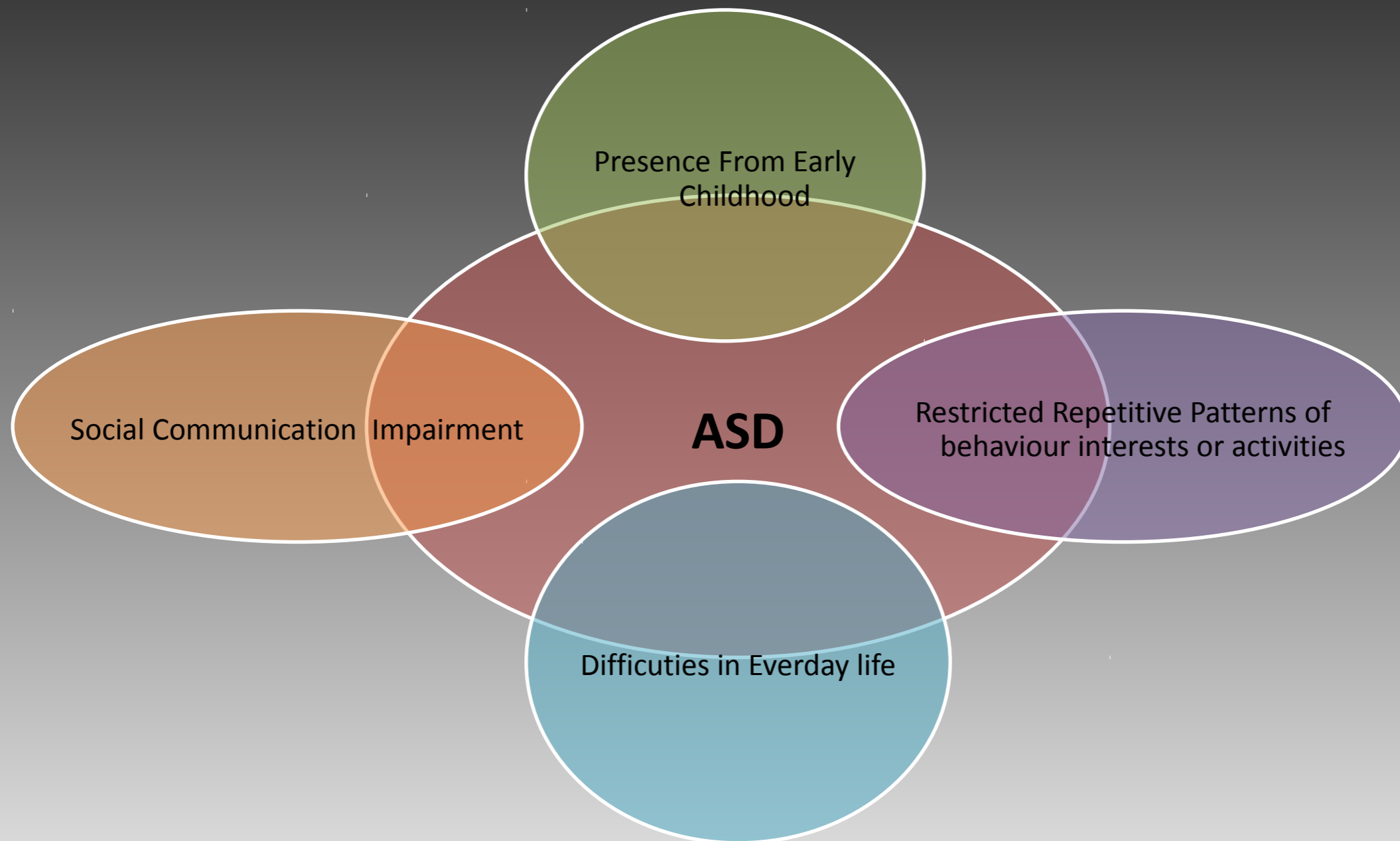


Updates to Description of Autism

- DSM V (Diagnostic Statistic Manual – American Psychiatric Association) – published 2013
- ICD 11 (World Health Organisation) – Due for publication 2015

- **Main Changes**
- Autism Spectrum Disorder (No AS, Autism, PDD)
- Shift to describing impact on individual – not categorising
- Two areas (not 3)
- Can have ADHD and Autism Spectrum Disorder

DSM V 2013



Social Communication Difficulties



Understanding Friendships and Relationships



Using and Understanding non verbal communication

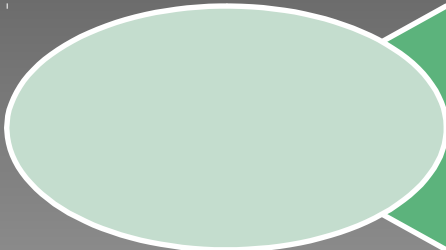


Social and Emotional Reciprocity

Restricted and Repetitive Behaviours



Stereotyped or repetitive motor movements



Insistence on sameness, rigid thinking



Abnormally intense fixated interests



Hyper or hypo-reactivity to sensory aspects

Friendships and Relationships



Limited awareness of people as separate special entities.

Low motivation for personal relationships.

Difficulties making and keeping friendships and relationships.


Non Verbal Communication



No/ limited use and understanding of Nonverbal communication



Difficulties with Expression and Understanding, odd and unusual NVC



Difficulties with subtle nonverbal, learnt NVC.

Social-emotional reciprocity difficulties



Complete egocentricity, its all about the person.

Difficulties with social rules, sharing experiences and emotions

Learnt social reciprocity that takes increased effort especially in complex situations.

Stereotyped and repetitive movements.



Repetitive Movements.



Repetitive Speech.



Repetitive manipulation of objects.

Reliance on Routines – Difficulties with Change




Need for order and sameness, routines.

Difficulties with change (especially initiated by others)

Rigid thinking patterns – obsessional and repetitive thought patterns.

Narrow and Circumscribed interests.



Restricted and intense sensory interests




Solitary interests that all encompassing often scientific or logical.




Sometimes persevere or sometimes change .


Sensory Difficulties



Hypersensitivities to sight, sound, touch, smell, taste, movement and balance



Hyposensitivity to sight, sound, touch, smell, taste, movement and balance



Sensory seekers- need input.