

LIMA PROJECT REFERRAL FORM

Please complete the form and post/ email to us. Once we have received this form we will contact you to arrange your appointment.

Date referral received:		
Name:		Diagnosis and Date:
Address:		
Post Code:		Tel:
Email:		Mobile:
Date of Birth:	Age:	Gender:
Ethnic Origin*:	Religion*:	Language*:
Marital Status*:	NHS Number:	
GP:		Tel:
CPN/ Care Manager/ other health professionals <i>(Please state)</i> :		
Tel:		
Are you employed?		
Person making the referral:		
What is/ are your preferred way of contact for support? (Tick as many as you like)		
<input type="checkbox"/> Telephone <input type="checkbox"/> Skype <input type="checkbox"/> Face to face <input type="checkbox"/> Email <input type="checkbox"/> What's App or other social media <input type="checkbox"/> Not sure		
Why do you want to refer yourself to LIMA?		

What are Individual Support Sessions?

- They are one to one sessions with one of the Alongside Autism team, but you can bring a family member, friend or partner with you, if you prefer.
- Those who care for individuals with autism can also access these individual support sessions.
- They can be done face to face, via Skype or instant messaging, or over the telephone.
- They last 45 mins.
- They are focused on helping you understand your autism and find out ways of managing difficulties you experience in your life linked to your autism.
- This is not counselling or psychotherapy, but we can help you in accessing such services if you would like.
- LIMA cannot provide crisis support. If you feel that you may hurt yourself or want to end your life you can speak to your GP, go to A&E, or call the Samaritans. You can also contact the Sussex Mental Health line for out of office hours support on 03005000101, or the Samaritans on 116 123. We are not a 24-hour service. If you want to contact one of the team outside your appointment time you can email, write to us or call us. We will try to get back to you within a week, but we cannot promise to do this.

Payment for Sessions

The LIMA Project is currently supported by funding from West Sussex County Council and consequently we are able to offer a low cost sliding scale of payment for sessions. Please see the table below for the cost of each session. If you have any questions regarding payment please contact us.

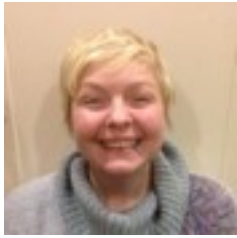




	Face to Face Sessions	Other Format (i.e. Skype, Telephone, instant message)
For individuals with a social care package	£15	£10
For individuals with no social care package but employed full time	£15	£10
For individuals with no package and PT or unemployed	£10	£5

**Prices valid from October 2016*

There is no charge for all initial sessions and if you wish to receive support after this appointment we will chat with you about payment for future sessions.

Who will be working with me?

The Alongside Autism team are:

		
Tini	Lisa	Howard
		
Ruth		Trish

Confidentiality:

The information you give us and what you say in the sessions will be kept confidential within the Alongside Autism team. This means we will not share this information with anyone else unless you have given us permission to do so. The Alongside Autism team does have a duty of care to everyone we work with. This means that if we think you may hurt yourself or try to end your life, or you may hurt someone else we may have to share this information with GPs, emergency services, social services or others, to make sure you and everyone else is safe. We try to do this with your permission, but sometimes we may have to share information without your permission. We also may have to share information with the police if we believe it may lead to the prevention or detection of a serious crime.

Cancellations:

If you cannot attend one of your appointments please try to contact us 24 hours beforehand to let us know.

Data Protection:

The Alongside Autism team is committed to ensuring all personal data is dealt with in line with the Data Protection Act 1998. If you would like to access the information we have about you, or have a copy of our data protection policy you can speak to your LIMA consultant or contact us on:

2 Blackburn
Loxwood Road
Alfold
Surrey
GU8 6HP
email r.millman@alongsideautism.co.uk
Tel: 07502979707

Complaints:

If you are unhappy with the LIMA service you can speak to your LIMA consultant or contact one of the Alongside Autism directors; these are Tini Riese-Stott, Howard Childs, Lisa D'Costa and Ruth Millman. You can contact them on the details above.

Please write your name and sign below to confirm you have read and agreed to the details above:

Name:

Signature:

Date:

Please post the completed form to:

Alongside Autism LLP, 2 Blackburn, Cranleigh, Surrey, GU6 8HP
Contact: r.millman@alongsideautism.co.uk Telephone: 07502 979707

